



Patron | HRH Duke of York, KG Chairman | Trevor Rowell MA(Oxon) BPhil PGCE FloD

COBIS Poetry Competition 2019

Category C: 15-19 Years Winner

The And

And they lived happily ever after.

Before the seeds of discomfort germinate anew The roots and saplings of dismay crawl through Crowded life

Blossoming into the forest of Sorrow

And they awoke.

Before realisation brightens in the mind Reality sits again comfortably on their back Mundanity locks them in its embrace Leaving them yearning for sweet Sleep

And then there was peace.

Before man forgets

And fury's fire warms again the spirits

And the weapon is brandished

Burning in the heat of

War

And they died.

Before the dark earth swallows them

Into its cave and slowly

Digests

Growing into

Life

And they lived.

Before the weight of life Curves their weary backs Dragging them down

To muddy Death

And humanity signs its name on the last page

Before the page is flipped

And a blank one waits for the story to

Continue

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