Increasing Motivation and Engagement: A Coaching Approach to Leadership







What is it about your professional role that makes your heart sing?





What is coaching?

"Unlocking a person's potential to maximise their own performance"



What is a coaching approach?

"Utilizing some of the transferable elements of formal coaching in a range of conversational situations"



How is a coaching approach helpful?

- Increases engagement and motivation
- Builds self esteem and self confidence
- Leads to changes in behaviour or ways of thinking
- Encourages people to take personal responsibility

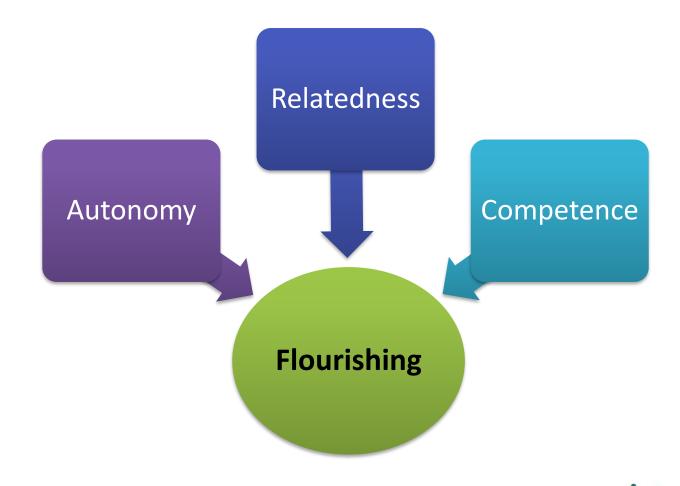




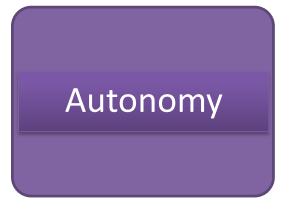
The power of listening



What is required for flourishing?



Allow choice



Sense of autonomy



Show interest

Relatedness

Social support



Spot strengths

Competence

Honest feedback



Be future focused



Can you remember...

an educator who had a long-lasting positive effect on you?



Self-fulfilling prophecy

Teachers can virtually create performance levels in children based upon the teacher's preconceived expectations for those children, even when those expectations were randomly assigned.



Believe in others



A coaching approach to leadership



Listen to people around you



Allow people choice



Show an interest in others



Notice strengths



Focus on a positive future



Believe in others



UEL University of East London

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